



HOTEL-CHALET
ALL'IMPERATORE

WELLNESS MENU'

MASSAGE

• RELAX MASSAGE

- SWEDISH MASSAGE:

25'	€ 40,00
50'	€ 70,00

A classic massage that uses touch, rubs,, kneading, percussion and vibration to relieve muscle tension, promote relaxation and improve blood circulation.

The pressure of the massage is adjusted according to the guest's preference.

- CALIFORNIAN MASSAGE

25'	€ 40,00
50'	€ 70,00

A massage that aims to achieve a level of harmony and total abandonment, useful to cure insomnia, anxious states and stress.

The use of perfumed oils facilitates slow movements, giving new energy.

- MASSAGE WITH SCENTED CANDLES

50'	€ 75,00
-----	---------

Scented candles are used for this massage, made of natural wax, to which essential oils and vitamins have been added.

As the candle melts, the butter is poured on the guest's skin creating a relaxing and hydrating massage experience.

• **ANTI-FATIGUE MASSAGE**

- DRAINING MASSAGE:

25'	€ 40,00
50'	€ 70,00

This massage works on the lymphatic system with the purpose of reducing water retention and stimulating blood circulation.

Specific pressure techniques and slow, rhythmic movements are used to help drain liquids and eliminate catabolites.

Synergies or essential oils are used such as horse chestnut oil.

- ANTI-CELLULITE MASSAGE:

50'	€ 75,00
-----	---------

A massage dedicated only to the lower part of our body (legs).

It is a massage technique that focuses on the breakdown of the adipose panniculus that pushes against the skin creating the "orange peel" effect.

The masseur uses specific massage techniques to break down the fat cells that cause cellulite, to stimulate blood and lymphatic circulation.

Useful for those who want to improve the appearance of their skin and reduce the effects of cellulite.

- CONNECTIVE MASSAGE:

25'	€ 40,00
50'	€ 70,00

A massage that acts on the muscle tissues and connective tissues located deeply.

This massage is carried out friction techniques that stimulate circulation, oxygenate the tissues, tone and dissolve fat.

It helps the elimination of cellulite and the drainage of liquids.

• **DECONTRACTING MASSAGE**

- TRADITIONAL MASSAGE:

25'	€40,00
50'	€ 70,00

The purpose of this massage is to remove muscle contractures.

This manipulative technique serves to release muscle tension and reduce the pain caused by it.

Creams or essential oils such as hemp, claw and arnica or sweet almond oil are used.

- THAI MASSAGE:

25'	€ 40,00
50'	€ 70,00

A massage that uses acupressure and deep relaxation through passive stretching to release muscle tension.

The masseur uses his own body weight to apply deep pressure to the muscles donating deep relaxation and improved posture. Oils that facilitate manual work are used, such as sweet almond oil.

- NECK AND SHOULDER MASSAGE:

25'	€ 40,00
-----	---------

It is a massage that focuses on relaxing the muscles of the cervical area and the shoulders and chest.

• **SPORT MASSAGE**

25'	€ 40,00
-----	---------

It is a type of massage that involves the manipulation of deep tissues and joint mobility.

It is a massage performed on the athlete before an effort to prevent injuries and maintain muscle elasticity.

Heating oils are used.

• **FOOT REFLEXOLOGY**

25'	€40,00
50'	€ 70,00

It is a treatment that works on specific points of the foot which correspond to different areas of the body. Through the pressure of these points, this type of massage can relieve stress, improve circulation and promote psycho-physical well-being.

• **PERSONALIZED MASSAGE**

50'	€ 80,00
-----	---------

This massage combines different techniques to work specifically on the areas of the body and satisfy the guest requests.

The massage is performed with specific products depending on the problems you want to treat.

BODY TREATMENT

• **EXFOLIATING BODY TREATMENT**

50' € 80,00

It is a treatment that includes the use of exfoliating products with the purpose of stimulating the cell turnover, giving the skin a smooth, compact and luminous appearance.

• **BODY TREATMENT**

- ONLY LEG:

50' € 75,00

This treatment that includes two phases:

- 1) Preparation phase. Through which a delicate exfoliation is performed to purify the skin.*
- 2) This phase consists of using essential oils and creams with a drain effect to give lightness.*

- TOTAL BODY:

80' € 120,00

Treatment that includes 3 phases:

in the first, a delicate exfoliation is performed to prepare the skin for the next step, a clay is applied to make the skin more toned, elastic and fragrant. The third phase involves the conclusion of the treatment with a relaxing and draining massage.

FACE TREATMENT

- **FACIAL CLEANING**

40' € 35,00

It consists of a ritual that starts with cleansing with cleansing milk, tonic, scrub, steam, squeezing out impurities, tonic, mask and cream.

- **ANTI-AGE FACIAL TREATMENT**

50' € 100,00

A treatment which, through the application of specific products combined with massage techniques, stimulates an active lifting which redensifies the oval of the face. It provides deep nourishment and compacts skin aging.

- **MOISTURIZING FACIAL TREATMENT**

40' € 70,00

It is a treatment indicated for dehydrated skin.

It gives hydration, firmness and luminosity to the skin, fighting and preventing the first signs of aging.

- **PURIFYING FACIAL TREATMENT**

50' € 80,00
+facial cleaning 70' €95,00

It is a treatment that regulates the production of sebum and purifies the skin, thanks to its sebum-regulating, astringent and antioxidant properties. It contrast the main causes of the functional alterations in our skin.

BEAUTY

- **CLASSIC PEDICURE**

	50'	€ 40,00
	+nails polish 80'	€ 50,00

Pedicure is a treatment that involves the care and hygiene of the foot from an aesthetic.

- **CURATIVE PEDICURE**

- **DRY PEDICURE:**

to be evaluated from €40,00 to €80,00

Dry pedicure is a technique performed exclusively Dry with the help of the cutter.

- **COMBI PEDICURE**

to be evaluated from €45,00 to € 95,00

Combi Pedicure is a combination of the two techniques previously described.

- **CLASSIC MANICURE**

	50'	€ 35,00
	+nails polish 80'	€ 50,00

Manicure is a treatment that involves the care and hygiene of hands.

SPA PEDICURE TREATMENT

ALL SPA PEDICURE TREATMENTS (EXCEPT *). INVOLVE THE FOOT AND PARTIAL LEG AS THE AREA TO BE TREATED.

• **EXFOLIATING TREATMENT ***

25'	€ 20,00
+pedicure 55'	€ 50,00

It is an exfoliating treatment that includes the use of a granular exfoliant that allows us to exfoliate and soften the skin with a mechanical movement, promoting cell turnover in the foot and ankle.

• **DRAINING AND ANTI-FATIGUE TREATMENT**

40'	€ 30,00
+pedicure 70'	€ 60,00

This treatment consists on stimulating the lymphatic circulation, giving a feeling of well-being and lightness.

It is recommended to perform the treatment on the entire body, for greater effectiveness in drainage of liquids.

• **MOISTURIZING TREATMENT**

40'	€ 45,00
+pedicure 80'	€ 70,00

The Moisturizing treatment consists in applying a cream body wrap or a mask.

After the pedicure, the skin is cleansed and toned; a mask or a wrap will be applied for 15 - 20 minutes; once the application time is over, a massage will be performed until the cream is completely absorbed.

BEAUTY

• **WOMEN WAX**

- <u>TOTAL LEG</u>	45'	€ 30,00
- <u>PARTIAL LEG</u>	25'	€ 25,00
- <u>PARTIAL BIKINI LINE</u>	45'	€ 30,00
- <u>TOTAL BIKINI LINE</u>	25'	€ 20,00
- <u>PARTIAL BIKINI LINE + FULL LEG*</u>	50'	€ 45,00
- <u>ARMPITS*</u>	15'	€ 15,00
- <u>ARMS*</u>	45'	€ 30,00
- <u>PARTIAL ARM</u>	25'	€ 20,00
- <u>UPPER LIP</u>	5'	€ 8,00
- <u>EYEBROWS</u>	15'	€ 10,00
- <u>UPPER LIP + EYEBROWS*</u>	25'	€ 15,00
- <u>TOTAL BODY (*)</u>	to be evaluated	€ 100,00

• **MEN WAX**

- <u>CHEST</u>	45'	€ 30,00
- <u>BACK</u>	45'	€ 30,00